

Dear members,

Please find below and attached as well the sports meet schedule & info.

MMAB ANNUAL YAOSHANG SPORTS MEET, 2014 SCHEDULE

Date: Sunday, 2nd March 2014 Venue: Gopalan International School Sports Complex, Seetharampalya, Hoodi (Whitefield), Bangalore 560048 Match: Best of 3; 21 Points Entry fees: ₹100/- for each player

SI. no.	Events	Categories	Timings
1	Badminton	Men's doubles	8 am to 12 noon

Date: Saturday & Sunday, 8-9 March 2014

Venue: Adugodi Police Ground, CAR, Adugodi, Hosur Road, Bangalore 30. Landmark: Opp. Star Bazar

<mark>Sl.</mark> no.	Events	Categories	Timings
1	Table Tennis	Men's singles	9 am to 6 pm
		Men's doubles	do
2	Carom	Men's singles	do
		Women's singles	do
3	50 m race	Sub junior boys	10.30 am to 3.30 pm
		Junior boys	do
		Sub junior girls	do
		Junior girls	do
		Men's open	do
4	Spoon race	Boys	do
		Girls	do
		Women	do
5	Tug of war (Thouri chingnaba)	Women	do
6	Break the pot (Chaphu thugaibi)	Women	do
7	Musical chair	Boys	do
		Girls	do
		Women	do
8	Treasure hunt race	Boys	do



		Girls	do
9	Pot balancing race(Chaphu pubi)	Women	do
10	Fun event for couple	Men & women	do
11	11 men Football (Sribas Singha Memorial Cup)	Men	8:30 am to 5:30 pm on 8th & 9th March 14
12	Chess	Open	do
13	Lafu Kabi	Men's Open	10.30 am to 3.30 pm

Rules & regulations/Information:

Football:

1. Each football team should have eleven (11) players with seven(7) substitutes.

2. Each team should send in the players' names' list along with first name and surname of all sixteen(16) minimum and eighteen(18) maximum players, one player's contact number and email Id of each team(mandatory).

3. It is mandatory to wear football boots during the matches.

4. Matches will be played either knock out or league basis will communicate or inform later.

5. Most of the FIFA rules will be applicable with some exceptions like number of substitutions, duration of match etc

6. Teams should arrive on time for the matches. Otherwise, walk over may be awarded to the opponent team.

7. The teams should maintain uniform jerseys & shorts.

8. The trophy will be running and carry a cash prize.

Table tennis, badminton, carom and football:

A. Last date of submission of entries: 1 March 2014.

B. Players should send their entries to <u>mmabangalore@yahoo.com</u> along with their first name and surname, contact number and email Id (of at least one player in case of doubles and team) with the subject in the below format.

For football: Yaoshang Sports 2014 – Football entry For badminton: Yaoshang Sports 2014 – Badminton entry For table tennis: Yaoshang Sports 2014 – Table tennis entry For carom: Yaoshang Sports 2014 – Carom entry

Please contact us for event details: Ibomcha Oinam (9986535558) / Premjit Laishangbam (9986767526) / Priyojit M (9986852704)

General:

1. It is mandatory for all the members/guests to pay registration fee (Lunch & for all sports) **Rs.300 for 10 years old and above, Students Rs.250/- and Rs.100 for 5 to 10 years old guests(Free for 5 years and below).** Registration & confirmation is very important. Please make sure you have your lunch coupons in hand or confirm to your near MMAB executive member well in advance prior to the Sports meet.



2. The fixtures for football matches will be prepared 2nd March 2014, for all football teams at least one representative should come to Gopalan Sports Academy along with their registration fee. Address of Gopalan Sports :

Basavanna Nagar Main Rd, Seetharampalya, Hoodi, Bangalore, Karnataka 560048

3. If you do not know any MMAB executive member nor a MMAB member, please contact Bhoben Oinam (9916566655) / Dr. M. Jiban (8095675523) / Dinesh Wangkhem (9886866672) for obtaining your lunch coupons.

4. Come in your sports shoes and outfit.

5. Water and refreshment will be provided by MMAB at the venue.

6. Lunch will be served between 12 pm and 2 pm.

7. This full day outing cum sports day (9th March 14) is open to all, not limited to MMAB members.

Place: Bangalore Sd/-Date: 10/02/2014 For Publicity & Comm., MMAB